



## Winterlaufserie des ELV 2013

Creuzburg / 24.03.2013

### Detailed evaluation

**Löber, Heiko**

Club: Eisenacher LV

Number: 646

Course: 11.30 km

3. Lauf Langdistanz

Category:

Senioren M40 (40-44 Jahre)

Total time: 46:55

Speed: 14.07 km/h

Running performance: 4:09 min/km

Rank in course/Total: 13 (of 57)

Rank in course/Men: 13 (of 43)

Best time in course: 36:59

Rank in category: 3(of 6)

Best time in the category: 44:44