



Winterlaufserie des ELV 2013  
Creuzburg / 24.03.2013

Detailed evaluation

Walther, Lydia

Club: RLV / LG Süd  
Number: 771

Course: 11.30 km  
3. Lauf Langdistanz

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 47:50

Speed: 13.80 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 19 (of 57)  
Rank in course/Women: 1 (of 14)  
Best time in course: 47:50

Rank in category: 1(of 1)  
Best time in the category: 47:50