



Winterlaufserie des ELV 2013  
Creuzburg / 24.03.2013

Detailed evaluation

Kitzing, Veit

Club: Bärfelser Säcke  
Number: 789

Course: 11.30 km  
3. Lauf Langdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 49:16

Speed: 13.40 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 23 (of 57)

Rank in course/Men: 22 (of 43)

Best time in course: 36:59

Rank in category: 4(of 8)

Best time in the category: 41:39