



Winterlaufserie des ELV 2013
Creuzburg / 24.03.2013

Detailed evaluation

Heller, Jens

Club: Alea Sanitas
Number: 829

Course: 11.30 km
3. Lauf Langdistanz

Category:
Senioren M35 (35-39 Jahre)

Total time: 51:05

Speed: 12.92 km/h
Running performance: 4:31 min/km

Rank in course/Total: 26 (of 57)

Rank in course/Men: 24 (of 43)

Best time in course: 36:59

Rank in category: 7(of 10)

Best time in the category: 41:37