



Winterlaufserie des ELV 2013  
Creuzburg / 24.03.2013

Detailed evaluation

Dellit, Danny

Club: Floh-Seligenthal  
Number: 805

Course: 11.30 km  
3. Lauf Langdistanz

Category:  
Senioren M30 (30-34 Jahre)

Total time: 52:58

Speed: 12.46 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 30 (of 57)

Rank in course/Men: 27 (of 43)

Best time in course: 36:59

Rank in category: 4(of 4)

Best time in the category: 39:33