



Winterlaufserie des ELV 2013
Creuzburg / 24.03.2013

Detailed evaluation

Romming, Nicole

Club: Fitnessoase Ohrdruf
Number: 800

Course: 11.30 km
3. Lauf Langdistanz

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 54:26

Speed: 12.12 km/h
Running performance: 4:49 min/km

Rank in course/Total: 37 (of 57)
Rank in course/Women: 5 (of 14)
Best time in course: 47:50

Rank in category: 1(of 1)
Best time in the category: 54:26