



Winterlaufserie des ELV 2013  
Creuzburg / 24.03.2013

Detailed evaluation

**Romming, Nicole**

Club: Fitnessoase Ohrdruf  
Number: 800

Course: 11.30 km  
3. Lauf Langdistanz

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 54:26

Speed: 12.12 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 37 (of 57)

Rank in course/Women: 5 (of 14)

Best time in course: 47:50

Rank in category: 1(of 1)

Best time in the category: 54:26