



Winterlaufserie des ELV 2013
Creuzburg / 24.03.2013

Detailed evaluation

Freitag, Annett

Club: Eisenacher Leichtathletikverein
Number: 650

Course: 11.30 km
3. Lauf Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 54:43

Speed: 12.06 km/h
Running performance: 4:50 min/km

Rank in course/Total: 38 (of 57)
Rank in course/Women: 6 (of 14)
Best time in course: 47:50

Rank in category: 2(of 3)
Best time in the category: 51:46