



Winterlaufserie des ELV 2013
Creuzburg / 24.03.2013

Detailed evaluation

Hermann, Jan

Club: Fitnessoase Ohrdruf
Number: 798

Course: 11.30 km
3. Lauf Langdistanz

Category:
Senioren M35 (35-39 Jahre)

Total time: 58:45

Speed: 11.54 km/h
Running performance: 5:12 min/km

Rank in course/Total: 42 (of 57)

Rank in course/Men: 36 (of 43)

Best time in course: 36:59

Rank in category: 10(of 10)

Best time in the category: 41:37