



Winterlaufserie des ELV 2013  
Creuzburg / 24.03.2013

Detailed evaluation

Hesse, Kerstin

Club: Physio K.Hesse  
Number: 675

Course: 11.30 km  
3. Lauf Langdistanz

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:06:31

Speed: 9.92 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 53 (of 57)  
Rank in course/Women: 11 (of 14)  
Best time in course: 47:50

Rank in category: 1(of 3)  
Best time in the category: 1:06:31