



Winterlaufserie des ELV 2013
Creuzburg / 24.03.2013

Detailed evaluation

Mahr, Dieter

Club: TV 03 Breitenbach
Number: 795

Course: 11.30 km
3. Lauf Langdistanz

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:10:26

Speed: 9.37 km/h
Running performance: 6:14 min/km

Rank in course/Total: 55 (of 57)

Rank in course/Men: 43 (of 43)

Best time in course: 36:59

Rank in category: 2(of 2)

Best time in the category: 1:01:07