



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Hofmann, Frank

Club: Niederwillinger Freizeitsport e.v.

Number: 376

Course: 6.60 km

Nordic Walking

Category:

Nordic Walking Männer

Total time: 56:00

Speed: 6.43 km/h

Running performance: 8:29 min/km

Rank in course/Total: 6 (of 24)

Rank in course/Men: 4 (of 7)

Best time in course: 49:14

Rank in category: 4(of 7)

Best time in the category: 49:14