



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Körner, Heike

Club: Niederwillinger Freizeitsport e.v.

Number: 378

Course: 6.60 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 56:48

Speed: 6.34 km/h

Running performance: 8:37 min/km

Rank in course/Total: 8 (of 24)

Rank in course/Women: 4 (of 17)

Best time in course: 53:39

Rank in category: 4(of 17)

Best time in the category: 53:39