



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Moeller, Nicole

Club: LG Frauenwald

Number: 374

Course: 6.60 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 56:56

Speed: 6.32 km/h

Running performance: 8:38 min/km

Rank in course/Total: 9 (of 24)

Rank in course/Women: 5 (of 17)

Best time in course: 53:39

Rank in category: 5(of 17)

Best time in the category: 53:39