



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Bode, Elvira

Club: TSV Heyda

Number: 381

Course: 6.60 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 58:45

Speed: 6.13 km/h

Running performance: 8:54 min/km

Rank in course/Total: 11 (of 24)

Rank in course/Women: 6 (of 17)

Best time in course: 53:39

Rank in category: 6(of 17)

Best time in the category: 53:39