



10. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Otto, Matthias

Club: Ilmenau

Number: 439

Course: 13.20 km

Lange Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:05:38

Speed: 11.88 km/h

Running performance: 4:58 min/km

Rank in course/Total: 62 (of 201)

Rank in course/Men: 60 (of 165)

Best time in course: 48:37

Rank in category: 12 (of 27)

Best time in the category: 55:26