



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Peschke, Steffen

Club: PDV Power Runners

Number: 527

Course: 13.20 km

Lange Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:06:49

Speed: 11.67 km/h

Running performance: 5:04 min/km

Rank in course/Total: 68 (of 201)

Rank in course/Men: 66 (of 165)

Best time in course: 48:37

Rank in category: 13(of 27)

Best time in the category: 55:26