



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Albrecht, Katrin

Club: Sportteam Steinbach

Number: 577

Course: 13.20 km

Lange Strecke

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:09:17

Speed: 11.26 km/h

Running performance: 5:15 min/km

Rank in course/Total: 93 (of 201)

Rank in course/Women: 6 (of 36)

Best time in course: 55:21

Rank in category: 1(of 4)

Best time in the category: 1:09:17