



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Schmidt, Ingo

Club: TSV 1880 Elgersburg

Number: 444

Course: 13.20 km

Lange Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:13:32

Speed: 10.61 km/h

Running performance: 5:34 min/km

Rank in course/Total: 126 (of 201)

Rank in course/Men: 115 (of 165)

Best time in course: 48:37

Rank in category: 9(of 21)

Best time in the category: 1:00:24