



# 10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

## Detailed evaluation

**Niewiadomski, Peter**

Club: Ibykus

Number: 570

Course: 13.20 km

Lange Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:16:58

Speed: 10.13 km/h

Running performance: 5:50 min/km

Rank in course/Total: 150 (of 201)

Rank in course/Men: 133 (of 165)

Best time in course: 48:37

Rank in category: 13(of 21)

Best time in the category: 1:00:24