



# 10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

## Detailed evaluation

rothkegel, ilona

Club: erfurt  
Number: 404

Course: 13.20 km  
Lange Strecke

Category:  
Seniorinnen W65 (65-69 Jahre)

Total time: 1:17:42

Speed: 10.04 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 156 (of 201)

Rank in course/Women: 18 (of 36)

Best time in course: 55:21

Rank in category: 1(of 1)

Best time in the category: 1:17:42