



# 10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

## Detailed evaluation

**Beck, Karola**

Club: Lauftreff Plaue

Number: 371

Course: 6.60 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 1:17:04

Speed: 4.67 km/h

Running performance: 11:41 min/km

Rank in course/Total: 24 (of 24)

Rank in course/Women: 17 (of 17)

Best time in course: 53:39

Rank in category: 17(of 17)

Best time in the category: 53:39