



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Tschida, Kathleen

Club: Meiningen

Number: 558

Course: 13.20 km

Lange Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:21:22

Speed: 9.59 km/h

Running performance: 6:10 min/km

Rank in course/Total: 172 (of 201)

Rank in course/Women: 22 (of 36)

Best time in course: 55:21

Rank in category: 3(of 3)

Best time in the category: 1:14:55