



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Wilck, Anett

Club: Sömmerda

Number: 493

Course: 13.20 km

Lange Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:24:56

Speed: 9.18 km/h

Running performance: 6:26 min/km

Rank in course/Total: 180 (of 201)

Rank in course/Women: 24 (of 36)

Best time in course: 55:21

Rank in category: 8(of 10)

Best time in the category: 1:07:14