



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Frank, Bartholome

Club: Elgersburg

Number: 589

Course: 13.20 km

Lange Strecke

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:26:03

Speed: 9.06 km/h

Running performance: 6:31 min/km

Rank in course/Total: 184 (of 201)

Rank in course/Men: 159 (of 165)

Best time in course: 48:37

Rank in category: 6(of 7)

Best time in the category: 1:02:48