



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Berwing, Dieter

Club: SV TU Ilmenau

Number: 429

Course: 13.20 km

Lange Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:26:46

Speed: 8.99 km/h

Running performance: 6:34 min/km

Rank in course/Total: 187 (of 201)

Rank in course/Men: 161 (of 165)

Best time in course: 48:37

Rank in category: 21(of 21)

Best time in the category: 1:00:24