



10.Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 30.03.2013

Detailed evaluation

Wirsching, Ines

Total time: 1:30:18

Number: 508

Speed: 8.64 km/h

Running performance: 6:50 min/km

Course: 13.20 km

Rank in course/Total: 193 (of 201)

Lange Strecke

Rank in course/Women: 30 (of 36)

Best time in course: 55:21

Category:

Rank in category: 3(of 3)

Seniorinnen W50 (50-54 Jahre)

Best time in the category: 1:10:07