



# 5. Lauf Rund um das Schaubergwerk Röhrigschacht des ASV Sangerhausen

Sangerhausen / 06.04.2013

## Detailed evaluation

**Rost, Luisa**

Club: SSV-MG-Ahlsdorf

Number: 154

Course: 1.00 km

1 km Lauf

Category:

weibliche Kinder W08

Total time: 5:25

Speed: 11.08 km/h

Running performance: 5:25 min/km

Rank in course/Total: 74 (of 79)

Rank in course/Women: 43 (of 48)

Best time in course: 3:44

Rank in category: 8(of 11)

Best time in the category: 4:30