



Bezirksmeisterschaften Halle Crosslauf  
Sangerhausen/ OT Grillenberg / 06.04.2013

Detailed evaluation

Imhof, Lena

Club: SV Wacker Rottleberode  
Number: 177

Course: 1.00 km  
1 km Lauf

Category:  
weibliche Kinder W09

Total time: 4:47

Speed: 12.54 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 50 (of 76)  
Rank in course/Women: 28 (of 45)  
Best time in course: 3:44

Rank in category: 5(of 9)  
Best time in the category: 4:29