



Bezirksmeisterschaften Halle Crosslauf  
Sangerhausen/ OT Grillenberg / 06.04.2013

Detailed evaluation

Imhof, Lara

Club: SV Wacker Rottleberode  
Number: 175

Course: 1.00 km  
1 km Lauf

Category:  
weibliche Kinder W08

Total time: 5:56

Speed: 10.11 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 75 (of 76)  
Rank in course/Women: 44 (of 45)  
Best time in course: 3:44

Rank in category: 10(of 10)  
Best time in the category: 4:30