



Bezirksmeisterschaften Halle Crosslauf  
Sangerhausen/ OT Grillenberg / 06.04.2013

Detailed evaluation

Kaiser, Leonard

Club: ASV Sangerhausen  
Number: 305

Course: 3.00 km  
3 km Lauf

Category:  
männliche Jugend M15

Total time: 14:10

Speed: 12.71 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 5 (of 19)

Rank in course/Men: 5 (of 14)

Best time in course: 13:25

Rank in category: 2(of 5)

Best time in the category: 13:44