



Bezirksmeisterschaften Halle Crosslauf  
Sangerhausen/ OT Grillenberg / 06.04.2013

Detailed evaluation

**Moritz, Ronald**

Club: LC Dübener Heide e. V.  
Number: 402

Course: 5.10 km  
5,1 km Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 25:43

Speed: 11.67 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 2 (of 11)

Rank in course/Men: 2 (of 8)

Best time in course: 22:49

Rank in category: 1(of 1)

Best time in the category: 25:43