



Bezirksmeisterschaften Halle Crosslauf  
Sangerhausen/ OT Grillenberg / 06.04.2013

Detailed evaluation

**Pöhlandt, Maja**

Club: SSV Eintracht Naumburg  
Number: 139

Course: 1.00 km  
1 km Lauf

Category:  
weibliche Kinder W09

Total time: 4:37

Speed: 13.00 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 37 (of 76)  
Rank in course/Women: 17 (of 45)  
Best time in course: 3:44

Rank in category: 2(of 9)  
Best time in the category: 4:29