



Bezirksmeisterschaften Halle Crosslauf  
Sangerhausen/ OT Grillenberg / 06.04.2013

Detailed evaluation

Höhlig, Mathias

Club: SSV Eintracht Naumburg  
Number: 407

Course: 5.10 km  
5,1 km Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 30:26

Speed: 9.86 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 5 (of 11)

Rank in course/Men: 5 (of 8)

Best time in course: 22:49

Rank in category: 1(of 1)

Best time in the category: 30:26