



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker  
 Hellental (Gemeinde Heinade) / 14.04.2013

Detailed evaluation

Köhler, Ira

Club: Emmerthal  
 Number: 65

Course: 40.80 km  
 Mitteldistanz

Category:  
 Seniorinnen I

Total time: 2:35:15

Speed: 15.46 km/h

Rank in course/Total: 63 (of 74)

Rank in course/Women: 5 (of 6)

Best time in course: 1:56:53

Rank in category: 1(of 1)

Best time in the category: 2:35:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Lap 1	16.30	58:39	16.37	1	-	5	12:36	16.30	58:39	16.37	1	-	5	12:36
Lap 2	20.40	1:21:13	14.78	1	-	5	1:21:06	36.70	2:19:52	15.44	1	-	5	34:13
Last lap Finish	4.10	15:23	15.60	1	-	4	4:09	40.80	2:35:15	15.46	1	-	5	38:22