



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker
 Hellental (Gemeinde Heinade) / 14.04.2013

Detailed evaluation

Merkens, Jan

Club: Vehr Sport Göttingen
 Number: 276

Course: 61.20 km
 Langdistanz

Category:
 Senioren I

Total time: 3:00:32

Speed: 20.27 km/h

Rank in course/Total: 19 (of 33)

Rank in course/Men: 19 (of 31)

Best time in course: 2:23:06

Rank in category: 6(of 11)

Best time in the category: 2:29:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	42:39	22.51	4	5:49	15	6:14	16.30	42:39	22.51	6	5:49	13	
Lap 2	20.40	58:35	20.48	5	8:16	18	10:11	36.70	1:41:14	21.34	6	14:05	12	0:04
Lap 3	20.40	1:06:21	18.09	7	14:07	24	1:06:15	57.10	2:47:35	20.41	6	28:12	13	4:11
Last lap Finish	4.10	12:57	18.53	9	2:34	23	4:07	61.20	3:00:32	20.27	6	30:38	19	37:26