



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker
 Hellental (Gemeinde Heinade) / 14.04.2013

Detailed evaluation

Marquardt, Ralph

Club: SG Athletico Büdelsdorf
 Number: 333

Course: 61.20 km
 Langdistanz

Category:
 Senioren II

Total time: 3:05:38

Speed: 19.72 km/h

Rank in course/Total: 24 (of 33)

Rank in course/Men: 24 (of 31)

Best time in course: 2:23:06

Rank in category: 5(of 6)

Best time in the category: 2:39:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	46:13	20.77	3	6:06	23	9:48	16.30	46:13	20.77	5	6:06	8	2:13
Lap 2	20.40	1:00:25	19.86	4	7:03	21	12:01	36.70	1:46:38	20.26	5	13:09	8	5:28
Lap 3	20.40	1:05:45	18.25	5	9:54	22	1:05:39	57.10	2:52:23	19.84	5	23:03	8	8:59
Last lap Finish	4.10	13:15	18.11	5	2:37	26	4:25	61.20	3:05:38	19.72	5	25:40	24	42:32