



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker  
 Hellental (Gemeinde Heinade) / 14.04.2013

Detailed evaluation

Loose, Alexander

Club: Liebenburg  
 Number: 332

Course: 61.20 km  
 Langdistanz

Category:  
 Senioren I

Total time: 3:13:09

Speed: 19.01 km/h

Rank in course/Total: 26 (of 33)

Rank in course/Men: 26 (of 31)

Best time in course: 2:23:06

Rank in category: 9(of 11)

Best time in the category: 2:29:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	48:49	20.03	10	11:59	29	12:24	16.30	48:49	20.03	9	11:59	6	4:49
Lap 2	20.40	1:03:21	19.32	8	13:02	25	14:57	36.70	1:52:10	19.63	9	25:01	6	11:00
Lap 3	20.40	1:08:00	18.00	8	15:46	25	1:07:54	57.10	3:00:10	19.02	9	40:47	6	16:46
Last lap Finish	4.10	12:59	18.95	10	2:36	24	4:09	61.20	3:13:09	19.01	9	43:15	26	50:03