



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker  
 Hellental (Gemeinde Heinade) / 14.04.2013

Detailed evaluation

Koch, Norbert

Club: bike sport lippe  
 Number: 366

Course: 20.40 km  
 Kurzdistanz

Category:  
 Senioren II

Total time: 1:10:09

Speed: 17.45 km/h

Rank in course/Total: 20 (of 27)

Rank in course/Men: 20 (of 24)

Best time in course: 49:21

Rank in category: 2(of 2)

Best time in the category: 1:05:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	16.30	55:53	17.50	2	4:09	20	16:18	16.30	55:53	17.50	2	4:09	5	6:51
Last lap Finish	4.10	14:16	17.24	2	0:52	21	4:48	20.40	1:10:09	17.45	2	5:01	21	20:48