



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker  
 Hellental (Gemeinde Heinade) / 14.04.2013

Detailed evaluation

Koch, Lars

Club: MTB Raceteam Höxter  
 Number: 72

Course: 40.80 km  
 Mitteldistanz

Category:  
 Senioren I

Total time: 1:46:51

Speed: 22.46 km/h

Rank in course/Total: 12 (of 74)

Rank in course/Men: 12 (of 68)

Best time in course: 1:35:43

Rank in category: 6(of 33)

Best time in the category: 1:41:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	41:51	22.94	6	3:08	15	4:34	16.30	41:51	22.94	27			45	
Lap 2	20.40	53:42	22.35	5	1:23	12	53:36	36.70	1:35:33	22.61	27			44	
Last lap Finish	4.10	11:18	21.24	6	1:26	15	1:32	40.80	1:46:51	22.46	6	5:49	13	39:12	