



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker  
Hellental (Gemeinde Heinade) / 14.04.2013

Detailed evaluation

Bönnighausen, Matthias

Club: Fichtenflitzer  
Number: 62

Course: 40.80 km  
Mitteldistanz

Category:  
Senioren I

Total time: 2:00:40

Speed: 19.89 km/h

Rank in course/Total: 38 (of 74)

Rank in course/Men: 37 (of 68)

Best time in course: 1:35:43

Rank in category: 16(of 33)

Best time in the category: 1:41:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	16.30	46:25	20.68	16	7:42	38	9:08	16.30	46:25	20.68	1	-	6	
Lap 2	20.40	1:01:52	19.40	16	9:33	37	1:01:46	36.70	1:48:17	19.95	1	-	6	
Last lap Finish	4.10	12:23	19.38	14	2:31	30	2:37	40.80	2:00:40	19.89	16	19:38	38	53:01