



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker
 Hellental (Gemeinde Heinade) / 14.04.2013

Detailed evaluation

Lange, Dirk

Club: Bad Salzdetfurth
 Number: 33

Course: 40.80 km
 Mitteldistanz

Category:
 Senioren II

Total time: 2:02:18

Speed: 19.62 km/h

Rank in course/Total: 40 (of 74)

Rank in course/Men: 39 (of 68)

Best time in course: 1:35:43

Rank in category: 5(of 5)

Best time in the category: 1:48:07

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	46:20	20.72	5	4:49	36	9:03	16.30	46:20	20.72	5	4:49	7	
Lap 2	20.40	1:02:37	19.16	5	7:04	39	1:02:31	36.70	1:48:57	19.83	5	11:53	7	
Last lap Finish	4.10	13:21	17.98	5	2:48	40	3:35	40.80	2:02:18	19.62	5	14:11	40	54:39