



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Rohrbach, Denis

Club: Bad Langensalza
Number: 211

Course: 5.00 km
5 km-Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 24:09

Speed: 12.42 km/h
Running performance: 4:50 min/km

Rank in course/Total: 11 (of 61)

Rank in course/Men: 11 (of 34)

Best time in course: 18:14

Rank in category: 4(of 4)

Best time in the category: 18:14