



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Borgwardt, Stefan

Club: Borbet Thüringen
Number: 255

Course: 5.00 km
5 km-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 26:06

Speed: 11.49 km/h
Running performance: 5:13 min/km

Rank in course/Total: 17 (of 61)

Rank in course/Men: 14 (of 34)

Best time in course: 18:14

Rank in category: 1(of 4)

Best time in the category: 26:06