



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Pflanz, Marko

Club: LSV 90 Bad Langensalza
Number: 251

Course: 5.00 km
5 km-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 26:12

Speed: 11.45 km/h
Running performance: 5:14 min/km

Rank in course/Total: 18 (of 61)

Rank in course/Men: 15 (of 34)

Best time in course: 18:14

Rank in category: 3(of 3)

Best time in the category: 23:34