



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Terp, Heiner

Club: Erfurter LAC

Number: 264

Course: 5.00 km

5 km-Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 19:51

Speed: 15.11 km/h

Running performance: 3:58 min/km

Rank in course/Total: 2 (of 61)

Rank in course/Men: 2 (of 34)

Best time in course: 18:14

Rank in category: 1(of 3)

Best time in the category: 19:51