



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Kavemann, Matthias

Club: Fortuna Gräfentonna

Number: 74

Course: 12.50 km

12,5 km-Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 56:15

Speed: 13.33 km/h

Running performance: 4:30 min/km

Rank in course/Total: 23 (of 148)

Rank in course/Men: 23 (of 114)

Best time in course: 43:53

Rank in category: 2(of 15)

Best time in the category: 53:04