



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Salzer, Karsten

Club: FSV Gotha
Number: 47

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 58:45

Speed: 12.26 km/h
Running performance: 4:42 min/km

Rank in course/Total: 34 (of 148)

Rank in course/Men: 33 (of 114)

Best time in course: 43:53

Rank in category: 9(of 27)

Best time in the category: 51:37