



## 3Türmelauf

Bad Langensalza / 21.04.2013

### Detailed evaluation

**Barkowski, Katrin**

Total time: 59:10

Club: Laufteam Hebammenpraxis Lebensflämmchen  
Number: 105

Speed: 12.68 km/h

Running performance: 4:44 min/km

Course: 12.50 km

Rank in course/Total: 36 (of 148)

12,5 km-Lauf

Rank in course/Women: 2 (of 34)

Best time in course: 58:33

Category:

Rank in category: 2(of 7)

Seniorinnen W30 (30-34 Jahre)

Best time in the category: 58:33