



## 3Türmelauf

Bad Langensalza / 21.04.2013

### Detailed evaluation

Schulz, Thomas

Club: TRACO

Number: 14

Course: 12.50 km

12,5 km-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 59:26

Speed: 12.11 km/h

Running performance: 4:45 min/km

Rank in course/Total: 37 (of 148)

Rank in course/Men: 35 (of 114)

Best time in course: 43:53

Rank in category: 3(of 11)

Best time in the category: 55:59