



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Kleindienst, Jörg

Club: Mc Bad Langensalza/Ufhoven
Number: 35

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:00:10

Speed: 11.97 km/h
Running performance: 4:49 min/km

Rank in course/Total: 39 (of 148)

Rank in course/Men: 37 (of 114)

Best time in course: 43:53

Rank in category: 10(of 27)

Best time in the category: 51:37